

# WHAT TO BRING??



## PERSONAL ARTICLES to bring for ADMISSION

Upon admission residents do not need large amounts of clothing due to our laundry facility laundering their clothing daily. We recommend only the items listed below, in order to keep closets from becoming cluttered and to avoid wrinkling of clothing.

**\*Thomson-Hood Veterans Center** furnishes all blankets, bedspreads, sheets and pillows; you may bring 1 extra blanket if desired.

**\*Thomson-Hood Veterans Center** will label all clothing items for you. We have an iron-on labeling machine that prints iron-on labels for our residents clothing. If you bring in any new/additional clothing items, (ie. birthdays, Christmas, change of season, etc.), please make sure you take them to the nurse manager or social worker to be labeled "before" you put them in their room/closet. If they get taken down to laundry in the dirty clothes and are not labeled, they have no way of knowing who to return them to.

If you bring any "non" clothing items, (such as pictures, radio, clock, etc.), you will need to label these items with a sharpie marker or ink pen prior to bringing them in. We also encourage you not to bring anything of great value. If an item is lost, please notify your nurse manager or social worker as soon as possible. We will make a diligent effort to find the lost item, and return it, but we are not responsible for lost/stolen items.

### Check List for Personal Articles

Shirts/blouses	8-10
Pants/slacks	8-10
Undershirts	10
Underwear	10
Socks	10
Belts/Shoes	2 ea
Handkerchiefs	12
Housecoat	1
Pajamas/gown	4
Sweaters/Light	2 ea
Winter coat	1

## FURNITURE and ROOM FURNISHINGS

**Televisions:** All rooms are equipped with a TV that is on a pivotal arm, (ie. they can move it to watch TV from their bed or their side chair). **NO other TV's may be brought in.**

**Furniture:** ALL rooms are furnished with a bed, chest of drawers—top drawer has a lock/key, wall shelf, side chair, and a nightstand.

No other furniture items may be brought in without "prior" approval from the administrator. All rooms have a closet space with a large drawer for each resident. We must be careful not to infringe upon other residents space in the room, and therefore can not allow the rooms to be cluttered. Clutter can also cause falls and limit adequate room for staff to provide care.

**Closets:** We need you to assist us in keeping the residents' closets neat and stocked with appropriate clothing. Please go through their clothing items every few months, to make sure any torn/tattered items are removed, and/or that seasonal items are exchanged out. Closet space is limited and we want our residents to look nice

and be comfortable at all times. Please take home any non-seasonal items or items that no longer fit. \*Please remember to give any new/additional items you bring in to the nurse manager or social worker so they can be labeled. They will take them down to laundry for labeling and put them away when they are brought back to the unit.

**Electrical Devices:** ALL rooms are equipped with electrical outlets.

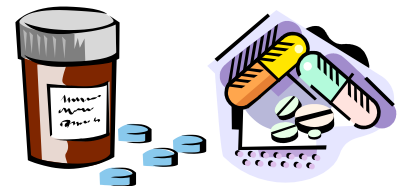
No extension cords or power-strips can be used in resident rooms. You may bring in a clock/radio but they must be in safe operating order, (ie. no frayed wires/cords, broken cases, etc.). Computers requiring Internet Connection, may not be used in resident rooms. We have computers in the library for our residents to use with Internet capabilities.

**Food/Snacks:** Residents may keep snacks in their room. However, they must be dated, kept in an airtight container, and limited to small quantities. Close monitoring of all stored food items is important due to infection control.

No food items that require refrigeration may be kept in the room. Items requiring refrigeration need to be checked in with nursing and labeled with the residents name.

All nursing units have a kitchenette with a refrigerator for these items to be stored. We encourage residents/family to inspect their snacks frequently to make sure they do not become outdated or unfit for consumption.

Free snacks are also provided daily on the nursing units.



### MEDICATIONS:

#### NO Outside Medications

NO outside medications may be brought in for residents.

Only medications administered by THVC are permitted. It is very dangerous for residents to consume or use outside medications. This includes all over-the-counter medicines, herbal remedies, and ointments/creams. The physicians monitor all resident medications and adjust them as needed. If any medications are found in resident rooms they will be destroyed and an investigation conducted as to where they came from. If your loved one expresses a need for additional medication, notify the nurse manager or physician for assistance.